

The Reconciliation of a Penitent

The Penitent begins

Bless me, for I have sinned.

(You may tell the priest how long it is since your last confession or if this is your first.)

The Priest says

The Lord be in your heart and upon your lips that you may truly and humbly confess your sins: In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

Penitent

I confess to Almighty God, to his Church, and to you, that I have sinned by my own fault in thought, word, and deed, in things done and left undone; especially _____. For these and all other sins which I cannot now remember, I am truly sorry. I pray God to have mercy on me. I firmly intend amendment of life, and I humbly beg forgiveness of God and his Church, and ask you for counsel, direction, and absolution.

Here the Priest may offer counsel, direction, and comfort.

The Priest then pronounces absolution

At the end the priest will say or prayer or give you a blessing.

These words may be said

The Lord has put away all your sins.

Penitent Thanks be to God.